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American Diabetes Association.

The American Diabetes Association (ADA) is the nation’s leading voluntary health organization supporting diabetes research, information, and advocacy. Its mission is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. ADA is the leading publisher of comprehensive diabetes information. Its huge library of books and periodicals covers every aspect of diabetes and diabetes care.

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Cover: A Scenic Illustration of a Man on a Mountain Overlooking His Surroundings. By Logan Faerber. For more information, please visit gettyimages.com.