# Standards of Medical Care in Diabetes—2016

<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1</td>
<td>Introduction</td>
<td></td>
</tr>
<tr>
<td>S3</td>
<td>Professional Practice Committee</td>
<td></td>
</tr>
<tr>
<td>S4</td>
<td>Standards of Medical Care in Diabetes—2016: Summary of Revisions</td>
<td></td>
</tr>
</tbody>
</table>
| S6   | 1. Strategies for Improving Care | Diabetes Care Concepts  
Care Delivery Systems  
When Treatment Goals Are Not Met  
Tailoring Treatment to Vulnerable Populations |
| S13  | 2. Classification and Diagnosis of Diabetes | Classification  
Diagnostic Tests for Diabetes  
Categories of Increased Risk for Diabetes (Prediabetes)  
Type 1 Diabetes  
Type 2 Diabetes  
Gestational Diabetes Mellitus  
Monogenic Diabetes Syndromes  
Cystic Fibrosis–Related Diabetes |
| S23  | 3. Foundations of Care and Comprehensive Medical Evaluation | Foundations of Care  
Basis for Initial Care  
Ongoing Care Management  
Diabetes Self-management Education and Support  
Medical Nutrition Therapy  
Physical Activity  
Smoking Cessation: Tobacco and e-Cigarettes  
Immunization  
Psychosocial Issues  
Comprehensive Medical Evaluation  
Comorbidities |
| S36  | 4. Prevention or Delay of Type 2 Diabetes | Lifestyle Modification  
Pharmacological Interventions  
Diabetes Self-management Education and Support |
| S39  | 5. Glycemic Targets | Assessment of Glycemic Control  
A1C Testing  
A1C Goals  
Hypoglycemia  
Intercurrent Illness |
| S47  | 6. Obesity Management for the Treatment of Type 2 Diabetes | Look AHEAD  
Assessment  
Diet, Physical Activity, and Behavioral Therapy  
Pharmacotherapy  
Bariatric Surgery |
| S52  | 7. Approaches to Glycemic Treatment | Pharmacological Therapy for Type 1 Diabetes  
Pharmacological Therapy for Type 2 Diabetes  
Bariatric Surgery |
| S60  | 8. Cardiovascular Disease and Risk Management | Hypertension/Blood Pressure Control  
Lipid Management  
Antiplatelet Agents  
Coronary Heart Disease |
| S72  | 9. Microvascular Complications and Foot Care | Diabetic Kidney Disease  
Diabetic Retinopathy  
Neuropathy  
Foot Care |
| S81  | 10. Older Adults | Overview  
Neurocognitive Function  
Hypoglycemia  
Treatment Goals  
Pharmacological Therapy  
Treatment in Skilled Nursing Facilities and Nursing Homes  
End-of-Life Care |
| S86  | 11. Children and Adolescents | Type 1 Diabetes  
Type 2 Diabetes |
| S94  | 12. Management of Diabetes in Pregnancy | Diabetes in Pregnancy  
Preconception Counseling  
Glycemic Targets in Pregnancy  
Management of Gestational Diabetes Mellitus  
Management of Pregestational Type 1 Diabetes and Type 2 Diabetes in Pregnancy  
Postpartum Care  
Pregnancy and Antihypertensive Drugs |
| S99  | 13. Diabetes Care in the Hospital | Hospital Care Delivery Standards  
Considerations on Admission  
Glycemic Targets in Hospitalized Patients  
Antihyperglycemic Agents in Hospitalized Patients  
Standards for Special Situations  
Treating and Preventing Hypoglycemia  
Self-management in the Hospital  
Medical Nutrition Therapy in the Hospital  
Transition From the Acute Care Setting  
Diabetes Care Providers in the Hospital  
Bedside Blood Glucose Monitoring |
| S107 | Professional Practice Committee for the Standards of Medical Care in Diabetes—2016 | |
| S109 | Index | |

This issue is freely accessible online at care.diabetesjournals.org.

Keep up with the latest information for Diabetes Care and other ADA titles via Facebook (/ADAJournals) and Twitter (@ADA_Journals).