Standards of Medical Care in Diabetes—2021

S1 Introduction

S3 Professional Practice Committee

S4 Summary of Revisions: Standards of Medical Care in Diabetes—2021

S7 1. Improving Care and Promoting Health in Populations
   Diabetes and Population Health
   Tailoring Treatment for Social Context

S15 2. Classification and Diagnosis of Diabetes
   Classification
   Diagnostic Tests for Diabetes
   Type 1 Diabetes
   Prediabetes and Type 2 Diabetes
   Cystic Fibrosis–Related Diabetes
   Posttransplantation Diabetes Mellitus
   Monogenic Diabetes Syndromes
   Pancreatic Diabetes or Diabetes in the Context of Disease of the Exocrine Pancreas
   Gestational Diabetes Mellitus

S34 3. Prevention or Delay of Type 2 Diabetes
   Lifestyle Behavior Change for Diabetes Prevention
   Pharmacologic Interventions
   Prevention of Vascular Disease and Mortality

S40 4. Comprehensive Medical Evaluation and Assessment of Comorbidities
   Patient-Centered Collaborative Care
   Comprehensive Medical Evaluation
   Immunizations
   Assessment of Comorbidities

S53 5. Facilitating Behavior Change and Well-being to Improve Health Outcomes
   Diabetes Self-management Education and Support
   Medical Nutrition Therapy
   Physical Activity
   Smoking Cessation: Tobacco and e-Cigarettes
   Psychosocial Issues

S73 6. Glycemic Targets
   Assessment of Glycemic Control
   Glycemic Goals
   Hypoglycemia
   Intercurrent Illness

S85 7. Diabetes Technology
   Self-monitoring of Blood Glucose
   Continuous Glucose Monitoring Devices
   Insulin Delivery

S100 8. Obesity Management for the Treatment of Type 2 Diabetes
   Assessment
   Diet, Physical Activity, and Behavioral Therapy
   Pharmacotherapy
   Medical Devices for Weight Loss
   Metabolic Surgery

S111 9. Pharmacologic Approaches to Glycemic Treatment
   Pharmacologic Therapy for Type 1 Diabetes
   Surgical Treatment for Type 1 Diabetes
   Pharmacologic Therapy for Type 2 Diabetes

S125 10. Cardiovascular Disease and Risk Management
   The Risk Calculator
   Hypertension/Blood Pressure Control
   Lipid Management
   Statin Treatment
   Antiplatelet Agents
   Cardiovascular Disease
   Cardiac Testing
   Screening Asymptomatic Patients
   Lifestyle and Pharmacologic Interventions
   Glucose-Lowering Therapies and Cardiovascular Outcomes

S151 11. Microvascular Complications and Foot Care
   Chronic Kidney Disease
   Diabetic Retinopathy
   Neuropathy
   Foot Care

S168 12. Older Adults
   Neurocognitive Function
   Hypoglycemia
   Treatment Goals
   Lifestyle Management
   Pharmacologic Therapy
   Special Considerations for Older Adults with Type 1 Diabetes
   Treatment in Skilled Nursing Facilities and Nursing Homes
   End-of-Life Care

S180 13. Children and Adolescents
   Type 1 Diabetes
   Type 2 Diabetes
   Transition From Pediatric to Adult Care

S200 14. Management of Diabetes in Pregnancy
   Diabetes in Pregnancy
   Preconception Counseling
   Glycemic Targets in Pregnancy
   Management of Gestational Diabetes Mellitus
   Management of Preexisting Type 1 Diabetes and Type 2 Diabetes in Pregnancy
   Preeclampsia and Aspirin
   Pregnancy and Drug Considerations
   Postpartum Care